

USSTRATCOM POTENTIAL EXPOSURE & SICKNESS GUIDANCE

Required steps to limit the spread of potential COVID-19 exposure



A

POTENTIAL EXPOSURE, BUT NO SYMPTOMS

If you have been potentially exposed to COVID-19 & you are not showing symptoms, **BEFORE REPORTING TO WORKSITE:**

1

CONTACT MEDICAL PROFESSIONALS

- Call your licensed medical authority
- 55th Medical Group Public Health Flight
 - 402-232-7387 OR 402-301-9451 after hours
- Nebraska or Iowa Public Health Department
 - NE: <http://dhhs.ne.gov/Pages/Coronavirus.aspx>
 - Iowa DPH: (515) 281-7689

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IF DIRECTED TO SELF-QUARANTINE

- Notify your supervisor ASAP & provide status
- If possible, provide documentation via e-mail, but not later than return
- Supervisors will designate employee status as "QUARANTINED-IR" in CMD PAAS
- Civilian employee time card will be annotated as "LN/PS" (Weather and Safety Leave) for the period



B

EMPLOYEE CALLS IN SICK

Employees who call in sick will be asked the following questions:

HAVE A COUGH

DIFFICULTY BREATHING?

OR

at least two of these symptoms

FEVER CHILLS HEADACHE

REPEATED SHAKING WITH CHILLS

MUSCLE PAIN SORE THROAT

NEW LOSS OF TASTE OR SMELL

1

ANSWERS "YES" TO ANY QUESTION

- Call your licensed medical authority
 - Active duty: DIRECTED to seek medical care & will not return to work until cleared by medical personnel
 - Civilian or contractor: ENCOURAGED to seek medical care & will not return to work until cleared by medical personnel
- Supervisors will designate employee status as "SICK-IR" in CMD PAAS

2

ANSWERS "NO" TO ALL QUESTIONS

- Supervisors will designate employee status as "SICK" in CMD PAAS
- All personnel will be encouraged to seek medical care & will not return to work until free of all symptoms or cleared by medical personnel



C

EMPLOYEE SHOWS SYMPTOMS AT WORK

If at work, and you feel feverish, OR have a cough, OR difficulty breathing, **you should don a mask & notify your supervisor IMMEDIATELY.**

- Call your licensed medical authority
 - Active duty: DIRECTED to seek medical care & will not return to work until cleared
 - Civilian or contractor: ENCOURAGED to seek medical care & will not return to work until medically cleared
- Supervisors will designate employee status as "SICK-IR" in CMD PAAS
- After 1500: NOTIFY the Command Surgeon (J080) org box stratcom.offutt.j080.list.j080users@mail.mil with member's name

Information provided by USSTRATCOM Command Surgeon and J1. For more information, call J12 at 912-1063/1066

BE SAFE